

**SAILING INSTRUCTIONS**  
LAKE WINNIPESAUKEE SAILING ASSOCIATION (“LWSA”) AND  
WINNIPESAUKEE YACHT CLUB (“WYC”)  
GILFORD, NEW HAMPSHIRE  
2004 SAILING SEASON (03/30/04)

**1. Rules**

The racing will be governed by the ‘rules’ as defined by the Racing Rules of Sailing, the prescriptions of the United States Sailing Association, the rules of the applicable One-Design Classes or the PHRF New England bylaws, except as any of these are altered by these Sailing Instructions. The regatta is designated Category A.

**2. Entries**

Eligible boats may be entered by completing registration with the organizing authority.

**3. Notices to Competitors**

Notices to competitors will be posted on the LWSA web site, [www.lwsa.org](http://www.lwsa.org) and on the official notice board of the host club. The LWSA board is located on the main dock at Fay's Boat Yard and the WYC board is on the back porch of its clubhouse.

**4. Changes in Sailing Instructions**

Any change in the Sailing Instructions will be posted before 0930 on the day it will take effect.

**5. Signals Made Ashore**

Signals made ashore will be displayed from the flagpole at the host venue, or from the Race Committee boat docked nearby.

5.1 Code Flag 'AP' raised with two sound signals means ‘the race is postponed. Do not leave the harbor.’ The warning signal will be made not less than 45 minutes after 'AP' is lowered with one sound signal.

5.2 Code Flag 'B' fully hoisted with one sound signal means ‘Protest time has begun.’ When lowered half way, it means ‘There are less than 30 minutes remaining before protest time ends.’ When lowered, it means ‘Protest time has ended.’

**6. Schedule of Races**

The schedule of races will be as defined in the Notice of Race.

**7. Class Flags**

Class flags will be:

Racing A	numeral pennant 1
Racing B	numeral pennant 2
Racing C	numeral pennant 3
Cruising A	numeral pennant 4
Cruising B	numeral pennant 5
Cruising C	numeral pennant 6
One Design	defined at Registration

**8. Racing Area**

The location of races will be as defined in the Notice of Race.

**9. The Course**

The courses will be displayed on course boards hung from the Race Committee signal boat, by class. Courses may be “Island” or “Buoy” courses

and will be described as follows:

9.1 Island courses - Islands and/or navigational marks will be listed as marks in the order that they are to be passed. All marks are to be left to port except those that are circled, which are to be left to starboard. Each course list will begin with an “S” or the word START and end with an “F” or the word FINISH. A buoy may be used as the first mark of an island course. Such a mark will be designated as “W” when set to windward or as “L” when set to leeward. Middle Ground Shoal may be abbreviated as “MGS”.

9.2 Buoy courses - The diagrams in Addendum A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9.3 Not used.

9.4 All government navigation marks must be honored.

9.5 Lockes Island Channel is restricted. Boats may not pass between Lockes Island and Varney Point while racing.

**10. Marks**

Buoy marks will normally be orange inflatable cylinders.

10.1 An orange ball may be set behind the Race Committee signal boat; a boat may not pass between this mark and the Race Committee signal boat.

10.2 The starting and finishing marks are described in instruction 11, The Start, and 14, The Finish.

**11. The Start**

Races will be started using rule 26, with classes starting in the order as posted on the Committee Boat, for the first race of the day. The foremost class board on the Committee Boat shall indicate which class is to start first with the classes following in the order of the boards. For subsequent races, class flags displayed with the warning signal shall determine the start order.

11.1 The Race Committee signal boat may sound multiple sound signals approximately one minute prior to the warning signal for the first class. Failure to do so will not be grounds for redress. This changes rule 62.1(a).

11.2 The starting line will be between a staff displaying an orange flag on the Race Committee boat and an orange ball or flag.

11.3 Boats whose preparatory signal has not been made shall avoid the starting area.

11.4 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start. This changes rule A4.1.

## **12. Recalls**

Recalls will be signaled in accordance with rule 29.

12.1 In the case of individual recalls, the Race Committee will attempt to hail the boat's sail number and announce the sail number on VHF radio, however, any delay or failure to do so will not be grounds for redress. This changes rule 62.1(a).

12.2 When a general recall has been signaled, the starts for succeeding classes will be continued accordingly and the recalled class will start at the end of the sequence. The next class in sequence will start at the next start signal. This changes rule 29.3.

## **13. Change of Course after the Start**

When changing the course after the start, the Race Committee will lay a new mark and will lift the original mark as soon as practicable. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration.

13.1 A change in course will be signaled near the mark beginning the leg being changed by a mark boat that will display Code Flag 'C' and sound a horn periodically. The change will be signaled before the leading boat has begun the leg, although the new mark may not yet be in position.

When, in a subsequent change of course, a new mark is placed, it may be replaced with an original mark.

13.2 A change of course for an Island race will be announced by VHF radio channel 72.

## **14. The Finish**

The finishing line will be between a staff displaying an orange flag on a Race Committee boat and an orange ball or flag.

## **15. Time Limit**

The time limit for the first boat to finish will be as defined in the Notice of Race.

15.1 Boats failing to finish within a time limit specified in the Notice of Race after the first boat finishes will be scored Did Not Finish. This changes rules 35 and A4.1.

15.2 If one or more boats that have not finished a race are significantly delaying the next start, the Race Committee may order the race terminated. Remaining one-design boats may be scored with points equal to their anticipated finish order. Remaining PHRF boats shall be scored with points equal to the number of finishers plus one. This changes rules 35 and A4.1.

## **16. Protests**

Racing rule 61.1(a) is modified in that a boat shall also attempt to notify the finish line committee boat of her intent to protest and the number of the protested boat.

16.1 Protests must be submitted on official US Sailing forms available at the sponsor's official notice board or from the Race Committee's representative at that site and be lodged there within the protest time. (See instruction 5.2.)

16.2 The protest committee may ask the parties to a protest to attend a pre-hearing at which the parties may describe the incident to a single, disinterested party. At the time of the pre-hearing, either party may elect to accept a 40% scoring penalty to settle the protest.

16.3 The jury or protest committee will hear protests in approximately the order of receipt as soon as possible.

16.4 Protest notices will be posted to inform competitors where and when there is a hearing in which they are parties to protest or named as witnesses.

## **17. Scoring**

The Low Point System of Appendix A of the racing rules will apply. All scores will count.

## **18. Radio Communication**

The Race Committee will attempt to keep the boats informed of all changes of race conditions by VHF radio. Announcements may be made as a courtesy on VHF channel 72, however, visual signals shall prevail and any errors or omissions will not be grounds for redress. This changes rule 62.1(a). The Race Committee may not answer questions or hails except in the case of an emergency.

## **19. Safety Regulations**

19.1 Prior to racing, each competitor shall sail past the stern of the Race Committee signal boat on starboard tack and hail her sail numbers until acknowledged by the Race Committee. Any boat failing to check-in may be scored DNS.

19.2 A boat, which withdraws after checking in, shall notify the Race Committee before leaving the racing area or when that is impossible, immediately upon arriving ashore.

## **20. Prizes**

Prizes will be awarded as defined in the Notice of Race.

## **21. Equipment and Measurement**

21.1 A boat or equipment may be inspected at any time for compliance with its class rules and the sailing instructions.

21.2 For handicap racing, PHRF New England base handicap ratings will apply unless an owner supplies a current certificate. If there is no posted rating or current certificate for a particular boat, the Race Committee may assign a rating. No redress shall be available for such an assigned rating, which changes rule 62.1(a).

## **22. Disclaimer of Liability**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## **23. Insurance**

Each participating boat shall be insured with valid third-party liability insurance with minimum coverage of US\$ 50,000 per event or the equivalent.