

## WHAT TO BRING TO CLASS-Youth Program

All students should bring the following items to class each day, including the first day:

Wear a swimsuit and closed toe footwear (no flip-flops).

### Bring:

- Coast Guard approved life jacket that fits properly
- Sunglasses and/or hat
- Sunscreen 15+
- 2-3 water bottles (no glass)
- Lunch
- A couple of packaged snacks (e.g. granola bars) that can be passed out on the water
- Towel
- Change of clothes or warm clothes, as necessary, such as a sweatshirt and sweatpants.
- A note indicating any current medications and dosages (not previously indicated on the medical form) to update the medical records, in the event of an emergency.

**Please arrive between 8:50AM and 9:00AM each morning, and plan to pick up your child by 4:00 each day.** (For half-day classes: 9:00AM - 12:00PM or 1:00PM - 4:00PM)

**You will be required to check your child in on the first day and check him/her out of the program in the afternoon.** We hope you'll take this as an opportunity to meet our staff and be directly involved in the daily activities in and around the classroom, and on the water!

### IMPORTANT:

Please help our hard-working staff by being on time. If your child is not picked up by 4:05 you will be asked to contribute a late fee, of \$1 per minute late, to our school snack fund.

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## WHAT TO BRING TO CLASS-Adult Program

All adults should bring the following items to class each day, including the first day:

Closed toe footwear (no flip-flops).

### Bring:

- Coast Guard approved life jacket that fits properly.
- Sunglasses and/or hat.
- Sunscreen 15+
- Water in a squeeze bottle or other unbreakable container (no glass)
- Snacks

**Please arrive 10 minutes prior to start of class at 25 Davis Road inside the Sailing Center.**



25 Davis Road, Gilford, NH

To Sailing School Parents and Friends. . .

# We need your help!

Our move to Davis Road adds a lot of traffic to a quiet residential neighborhood. Out of respect for our neighbors would you please . . .

- Restrict your speed to 10 mph
- Park on *our* lawn. Most often there will be enough space.
- Turn around in *our* circular driveway if you are not parking on our lawn.
- **Avoid turning around in our neighbors' driveways!**

*Thanks!!*

Turn onto Varney Point Road, 1<sup>st</sup> right onto Wildwood Road, 3<sup>rd</sup> left onto Davis Road

